

Lent

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Fridays at 5:30pm
Feb. 16, 23
March 2, 9, 16, 23
Good Friday
March 30--12noon
& 3:00pm

RECONCILIATION

Individual Reconciliation

Saturdays 3:30-4:30pm:
Feb. 17 & 24; March 3, 10, 17 & 24

Lent Reconciliation Services

Monday, March 12 at 1:30pm
Tuesday, March 13 at 7:00pm

Dates to Remember

St. Leo Women's Retreat: Feb. 17
with Liz Joyce

St. Leo Parish Mission: March 5, 6 & 7
with Steve Angrisano
Sessions will be offered at both
1:30 & 7:00pm

St. Leo Men's Retreat: March 24
with Fr. Tom Hillenbrand

Lenten Disciplines and Regulations

Prayer—Possible ways to observe: Attendance at Sunday and weekday Mass, Spiritual Reading, Praying the Rosary, Stations of the Cross, Prayer before the Blessed Sacrament, Family Prayer, attend a Parish Retreat and the Lenten Parish Mission.

Fasting—By Church Law, Catholics, ages 18-58 are to take only one full meal and two lesser meals on Ash Wednesday and Good Friday. There is no eating between meals. All Catholics over the age of 14 are to abstain from meat on Ash Wednesday, and all Fridays during Lent.

Almsgiving or Giving to the Poor—Possible ways to observe: Contribute to the Ash Wednesday collection for St. Leo Human Needs, participate in the Rice Bowl Program, Contribute to Catholic Relief Services on Sunday, March 11. There is a long tradition of combining acts of almsgiving with acts of fasting thus making both disciplines more meaningful.

The St. Leo Parish Resource Center

has many books and resources for Lent that are available to be checked out.

Online Lent Resources

Creighton University Lent Ministry

<http://onlineministries.creighton.edu/CollaborativeMinistry/Lent/>

Loyola Press Lent Ministry

<http://www.loyolapress.com/our-catholic-faith/liturgical-year/lent>

United States Conference of Catholic Bishops

<http://www.usccb.org/prayer-and-worship/liturgical-year/lent/>

Hungering for the Journey

Join our parish community--and more than 13,000 Catholic communities across the United States--in a life-changing Lenten journey with CRS Rice Bowl.

Pick up your family's rice bowl in the social hall and don't forget to download the CRS Rice Bowl app! Remember, your Lenten sacrifices change lives.



St. Pius X Pasta Fridays ❖ February 16 through March 23

Please join us on Fridays at St. Pius X on 69th & Blondo in the parish center for your choice of great meatless sauces over a variety of pastas with a mixed salad and garlic bread. For the kids, we have macaroni and cheese and cheese pizza. Tickets are available at the door are \$9 for adults, \$8 for Seniors, and \$5 kids, \$40 family max. The food is great and freshly prepared. The lines are rarely more than a few minutes. We also have desserts for sale. See you there!